

DIRECTIONS:

- Take The Assessment of Academic Habits
- Calculate your results using the scoring chart to see you areas of strength and weakness pertaining to each category of Academic Work Habits. Based on your results, decide if you would like extra support in any of the areas listed.
- For support in these areas, use the chart below to see what resources are available to you through the Academic Support Programs office as well as outside resources.

Study Skill or Strategy	Resources on Subject Tutoring Wiki	Reading, Writing, and Study Strategies Center Workshops Drop in Workshops
Time Management	<ul style="list-style-type: none"> • Thinking Through Your Workload • Where Does the Time Go? 	<ul style="list-style-type: none"> • Time Management -Weds. 10/3 2:00PM -Thurs. 10/4 2:00 PM
Concentration/Motivation	<ul style="list-style-type: none"> • Where to Study at UMass Boston • Computers at UMass Boston • Study Environment Analysis 	<ul style="list-style-type: none"> • N/A
Selecting Key Ideas	<ul style="list-style-type: none"> • Active Listening • Graphic Organizers • Concept or Mind Mapping 	<ul style="list-style-type: none"> • Note Taking & Study Strategies -Thurs. 10/11 1:00 PM -Fri. 10/12 11:00 AM
Note Taking	<ul style="list-style-type: none"> • Note taking (NTTKNG) • Forms of Organizing • Note taking Systems • Content Specific Learning Strategies • 	<ul style="list-style-type: none"> • Note Taking & Study Strategies -Thurs. 10/11 1:00 PM -Fri. 10/12 11:00 AM
Reading Strategies	<ul style="list-style-type: none"> • Reading Strategies • Patterns of Organization • Content Specific Learning Strategies 	<ul style="list-style-type: none"> • Reading Strategies -Mon. 10/15 1:00 PM -Thurs. 10/18 12:00 PM
Exam Preparation	<ul style="list-style-type: none"> • Exam Preparation Strategies Self Inventory • Using Memory Effectively • Create and Study with Flashcards • Concept or Mind Mapping 	<ul style="list-style-type: none"> • Exam Prep & Test Taking - TBA
Exam Taking	<ul style="list-style-type: none"> • Test Taking Analysis • The Post-Test Survey • Important Words in Essay Questions • Taking Multiple Choice Exams • Essay Exams 	<ul style="list-style-type: none"> • TBA